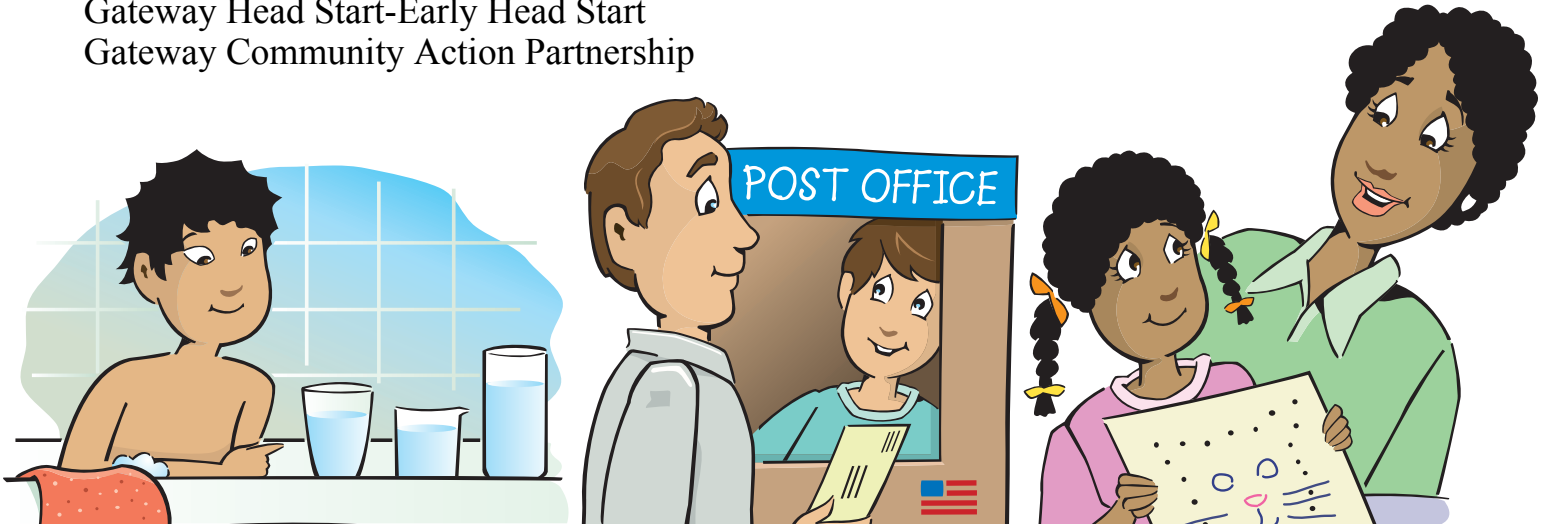


# Activity Calendar

Gateway Head Start-Early Head Start  
Gateway Community Action Partnership



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>March 2012</b>				<b>1</b> Ask your child's opinion on something today. For example, should you wear the red sweater or the white one?	<b>2</b> Go to a local hardware store and get instructions and materials for building a simple birdhouse with your child.	<b>3</b> Send your child something through the mail. He will be thrilled.
<b>4</b> Make a "touch box." Fill it with cotton balls, rocks and pieces of tree bark. Can your child guess what she's touching?	<b>5</b> Cook breakfast with your child for the rest of the family. Or invite friends!	<b>6</b> Talk with your child about the different food groups and how many servings of each you should eat daily.	<b>7</b> Look in magazines and newspapers to find ads and articles showing signs of spring.	<b>8</b> Make a paper crown and let your child play "King" or "Queen" for a day. What rules would your child set?	<b>9</b> Talk to your child about things that are associated with spring (flowers, picnics, sunshine).	<b>10</b> Visit a bakery. Share a treat and think of words to describe it, such as <i>sweet</i> .
<b>11</b> Go for a nature walk to celebrate spring's arrival. If allowed, pick some wild flowers to put in a vase.	<b>12</b> Share something of yours with your child today. It's the best way to teach him to share with others!	<b>13</b> Encourage your child to try two motor tasks at the same time—for example, clapping hands while walking.	<b>14</b> Help your child think of an imaginary land. Together, name it and make up a story about it.	<b>15</b> Dim the lights and slowly move the beam of a flashlight across the floor. Ask your child to jump or step on the beam.	<b>16</b> Go outside and watch as the wind moves through the trees and bushes. What sound does the wind make?	<b>17</b> Discuss the meaning of a <i>dozen</i> and <i>half a dozen</i> . What things do we often buy a dozen of?
<b>18</b> Tape strips of crepe paper to your child's wrists and let her move around the room, pretending to be the wind.	<b>19</b> Take your child out to breakfast or lunch, just the two of you.	<b>20</b> Talk about the difference between <i>night</i> and <i>day</i> . Have your child draw a night picture and a day picture.	<b>21</b> Play the "I Spy" game, saying "I spy something orange." Let your child guess what it is. Then it's his turn to "spy."	<b>22</b> Use sidewalk chalk to draw pictures outside with your child on a warm day.	<b>23</b> Tap out a very simple rhythm with household instruments, such as spoons. See if your child can copy it.	<b>24</b> Fly a kite with your child today.
<b>25</b> Set up a well-lit corner with favorite books and pillows. Encourage your child to get cozy with books.	<b>26</b> Teach your child the "Golden Rule"—treat others as you would like to be treated.	<b>27</b> Teach your child about uppercase and lowercase letters. Show her how each letter can be written differently.	<b>28</b> After a bath, let your child make wet footprints on colored construction paper. What do they look like?	<b>29</b> Encourage creativity. Ask your child unusual questions. "What if trees grew from clouds?"	<b>30</b> Take your child by a construction site. Talk about what the workers are doing and the machines they use.	<b>31</b> Poke holes in egg carton cups. Fill with soil. Plant two seeds in each. Keep them wet and well-lit. What happens?